



**ESTABLISHED PATIENT HISTORY UPDATE FORM**

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Who is your Primary Doctor? \_\_\_\_\_ Current Age: \_\_\_\_\_

Has your insurance or address changed? \_\_\_\_\_

**MEDICAL HISTORY**

Do you have any new breast or chest concerns (such as lumps, breast pain, nipple discharge, skin changes)? \_\_\_\_\_

Do you have any new medical problems? \_\_\_\_\_

**CONSTITUTIONAL SYMPTOMS**

Change in Weight ..... No Yes  
 Fatigue ..... No Yes  
 Fever ..... No Yes

**CARDIOPULMONARY**

Chest Pain ..... No Yes  
 Shortness of Breath ..... No Yes  
 Persistent Cough ..... No Yes

**GASTROINTESTINAL**

Abdominal Pain ..... No Yes  
 Blood in Stool ..... No Yes  
 Constipation ..... No Yes  
 Diarrhea ..... No Yes  
 Nausea/Vomiting ..... No Yes

**NEUROLOGICAL**

Persistent Headaches ..... No Yes  
 Memory Problems ..... No Yes  
 Dizziness ..... No Yes  
 Neuropathy ..... No Yes

**MUSCULOSKELETAL/SKIN**

Joint Pain/Stiffness/Swelling ..... No Yes  
 Bone Fractures ..... No Yes  
 Back Pain ..... No Yes  
 Rash ..... No Yes

**HEMATOLOGIC / LYMPHATIC**

Blood Clots ..... No Yes  
 Enlarged Glands ..... No Yes  
 Swelling of Arms/Hands ..... No Yes

**GYNECOLOGICAL**

Last Menstrual Period \_\_\_\_\_ Not Applicable  
 Vaginal Bleeding ..... No Yes  
 Hot Flashes ..... No Yes  
 Sexual Dysfunction ..... No Yes  
 Vaginal Dryness ..... No Yes  
 Vaginal Discharge ..... No Yes

**PSYCHIATRIC**

Depression ..... No Yes  
 Anxiety ..... No Yes  
 Sleep Disturbance ..... No Yes

Do you exercise?..... No Yes If so, what type and how often? \_\_\_\_\_

Do you smoke? ..... No Yes If so, how much? \_\_\_\_\_

Do you drink alcohol? ..... No Yes If so, how much? \_\_\_\_\_

**MEDICATION(S) (INCLUDE HERBALS, VITAMINS AND OVER-THE-COUNTER MEDICATIONS)**

No medications changes since last visit

New/Changed medications: \_\_\_\_\_

Do you have any new **allergies** / **adverse** reactions to medications? No Yes \_\_\_\_\_

**FAMILY HISTORY**

Have you become aware of any new family history of any type of cancer since your last office visit?

No Yes \_\_\_\_\_

**For office use only**

Date: \_\_\_\_\_ Reviewed By: \_\_\_\_\_